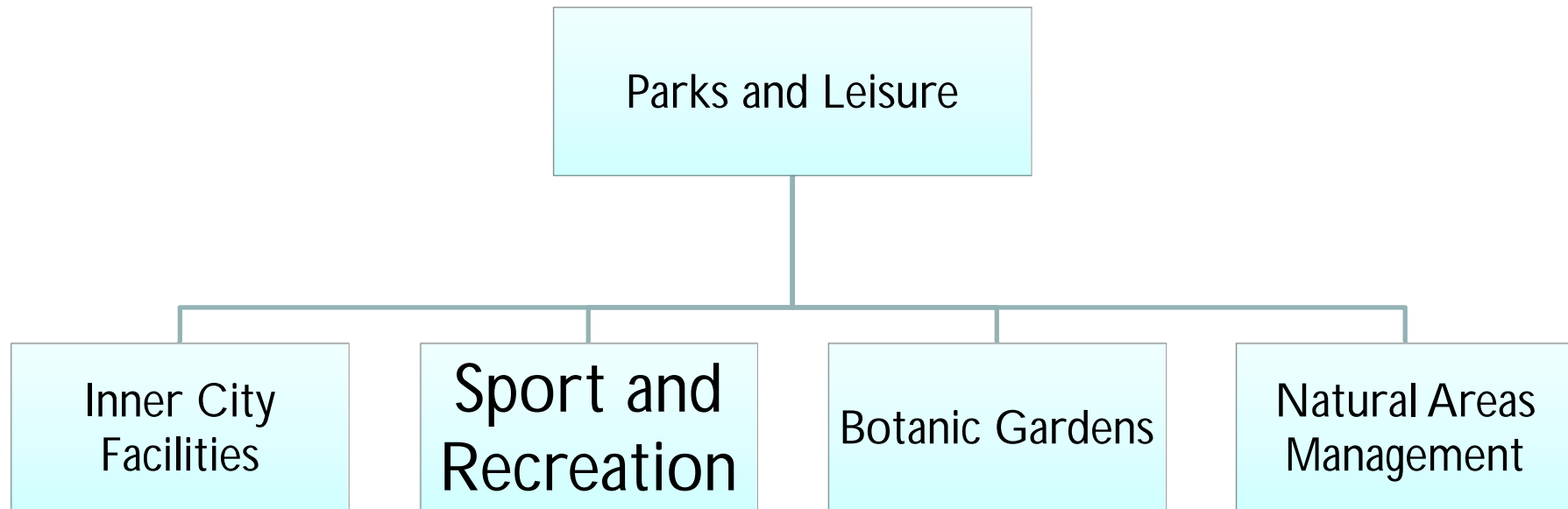


A photograph of a tropical forest with large green palm leaves and a tree trunk, partially obscured by a blue wave graphic.

Sport and Recreation

MARCH 2012

Community, Sport and Cultural Services



Parks and Leisure

Sport and Recreation



The only exercise some people get is jumping to conclusions, running down their friends, side-stepping responsibility, and pushing their luck!
~Author Unknown



My idea of exercise is having a good brisk sit. ~ Phyllis Diller

Nobody ever drowned in his own sweat. ~Ann Landers

Parks and Leisure

Sport and Recreation

Sport and Recreation are about the management, development and activation of sport, leisure and recreation places and spaces, and supporting the individuals and groups who use them.

Sport and Recreation, whether it is passive or active can be fun, control obesity, boost immune systems, diminish risk of disease and increase life expectancy. It can reduce depression, relieve stress, promote and strengthen communities and support our youth by educating and deterring negative behaviours.

There are 327 sporting organisations across the region representing 53 sports as well as another 20 organisations involved in structured recreational pursuits.

By 2031 an additional 63000 people will live in our region - a 37% increase. Sport & Rec Planning into the future considers what land use, sporting fields courts, pools, Skate and BMX parks and community buildings we will need.

Sport and Rec maintain and manage facilities spreading from Mirriwinni in the south and Wujal Wujal in the north. This includes Barlow Park, public swimming pools, campgrounds, indoor and outdoor playing fields, skate parks and BMX tracks.

