

In an emergency you and your household need to be self-sufficient for 3 days.

PLAN



Make an emergency plan

PACK



Pack an emergency kit

LISTEN



Stay informed

Emergency kit checklist

Collect the following items and keep them in a sturdy, easily transported bag or box. In a disaster make sure your emergency kit is in easy reach.

- Battery-operated radio (with spare batteries)
- Torch (with spare batteries)
- Candles, lighter and waterproof matches
- First aid kit and manual
- Combination pocket knife
- Portable (gas) stove with fuel
- Cooking gear
- Water in sealed containers (10L per person)
- Medications
- Toiletry and sanitary supplies
- Change of clothes and strong shoes
- Non-perishable food (cans) - enough for 3-4 days
- Can opener and utensils
- Special needs for infants, the aged and people with disabilities
- Pet food, water and other animal needs
- Tent or tarpaulin, and blankets
- Other camping equipment
- Cash (ATMs may not be working)
- Personal documents (insurance certificates, photographs etc)
- Strong plastic bag (for clothing and valuables)
- Emergency phone numbers



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